



## Minutes of Mobility-Italy

### *“Educational strategies for preventing bullying in the school-the Tri-Pax method”*

**23<sup>rd</sup> -27<sup>th</sup> SEPTEMBER 2019**

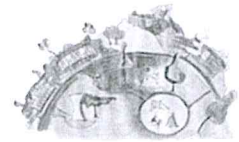
On Sunday 22<sup>nd</sup> September an informal welcome was given to our partners by the Principal of our school together with her assistant, the Mayor of Vedano Olona and the Italian teacher referent for the project who took our guests to their accommodation.

DAY ONE: Monday 23<sup>rd</sup> September, during a welcome meeting at the Secondary School, the teachers met the Principal and all the school staff: our European partners were informed about the school life and photo-hunting rules. They gave each other some little presents. At “De Amicis” Primary School the children had prepared a musical welcome. Later the whole team went and visited the Nursery School and “La Nostra Famiglia” Primary School where they could take part in some practical labs. After having had lunch at Lati factory, it was time for the first workshop “Social media literacy and cultural environment of social media” led by Mr. Attivissimo who explained and showed practically the risks connected with a superficial use of social media; this activity was also open to the students’ parents and to engineers from the hosting factory. In the evening, teachers were also welcomed by the village Mayor and the local authorities at the Town Hall where the students of the Secondary School played the National anthems of all the countries involved in the project. Official dinner in a local restaurant.

DAY TWO: Tuesday, 24<sup>th</sup> September, meeting point at Villa Aliverti (the Town Hall) where the teachers attended the presentation of Tri-Pax method created by Ms Adriana Battaglia. This method underlines the importance of empathy both among students and between students and teachers, in order to prevent bullying, this because if a teacher is not able to understand, to feel truly the feelings of his students he has no possibility to act in an effective way against bullying. After a little break, our European partners took part to a workshop led by Mr. Tognola who showed some slides about a bullying story. Afterwards the audience was divided into two groups, the first one had to “attack” the bully (a girl) trying to find a reason for her behaviour, the other one had to defend the victim (a boy). We finally tried together to identify all the responsibilities and to find out an effective solution to the problem. After lunch there was a Laughter Therapy session. The laughter was suggested as a way to develop emotional intelligence and affective education; it was also possible to test some interactive strategies, a particularly involving experience.



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All these activities were open to the bullying referents of the district and are part of the official training course for the teachers of the area.

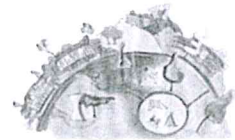
**DAY THREE: Wednesday, 25<sup>th</sup> September... A DAY OUT IN MILAN.**

Owing to an unexpected problem which occurred at the Hospital where Mr Carlucci works, the workshop about Safety and e-Safety had to be postponed to the following day so the whole day was dedicated to the visit of the city of Milan. All the partners met at the hotel and walked to the station to take a train. At Castello Sforzesco (an ancient fortress built in the XV century) we met a guide who, during the visit through the castle, told us about the history of this city. Inside the Castle we could also visit the wonderful “Sala delle Asse”, recently reopened to the public after six years restoration, decorated by Leonardo da Vinci, and Pietà Rondanini, the last work by Michelangelo. We walked through the pedestrian area and saw some of the most important and famous city sites such as piazza Duomo, with the beautiful gothic Cathedral (the largest Cathedral in Italy), Galleria Vittorio Emanuele II that with its iron and glass roof connects piazza Duomo with a square called after one of the most important Opera Houses in the world: Teatro alla Scala. We all had lunch in a restaurant in the city center and then everyone had some free time to visit other places according to his personal interests. This day spent together without official training sessions was a beautiful and precious occasion to talk and to know each other, exchanging opinions and experiences.

**DAY FOUR: Thursday, 26<sup>th</sup> September.** As already planned in the first part of the morning the teachers listened to a speech about Online identity and prestige given by the First Officer of the local Postal Police and a lawyer specialized in this field: they spoke about the legal aspects of cyber bullying and about the procedures to be followed to fight it successfully and according to the law. During the coffee break all the participants could celebrate two of our partners’ birthday and immediately after Mr Carlucci could join the team in order to present the workshop about Safety and e-Safety which had been planned for the previous day. This was a very important step in the training to get the Safety Labels. In the afternoon the teams got a packet lunch and took a train to Laveno, on the Lake Maggiore. Due to a train delay it wasn’t possible to visit the Borromean Islands as it had been planned so the group took the cableway to Sasso di Ferro instead and reached a beautiful viewpoint dominating the whole lake: another good occasion to create positive and useful relationships.

**DAY FIVE: Friday, 27<sup>th</sup> September.** At 9 o’clock, at the Primary School, Ms Lischetti gave her speech about the different possible ways towards integration and inclusion in a society that is getting more and more pluricultural. After the coffee break all the team moved to the computer lab at the Secondary School to do a Google Docs Quiz and attend an e-lesson about the first Italian case





symbol of bullying ended up with a 14-year-old suicide. The story of this unlucky and beautiful teenager, Carolina Picchio, has contributed to the implementation of anti-bullying laws in our country.

The above e-lesson was held instead of meeting personally Father Burgio, who had to face a problem at the prison where he's in charge. After lunch each team could start the flash photo album. According to the plan all the activities finished at about 5.30 p.m. We all met in front of the hotel and went to Como where, once again, we all could share beautiful moments walking around this ancient town and having an amazing happy hour by the lake of Como.

The objectives of this mobility were:

- stimulation of critical thinking, argumentation, creativity, flexibility and empathy;
- development of teacher capacities to identify bullying in school;
- improving the teacher competences in: teaching and planning teaching with focus on socio-emotional learning, managing the bullying situations in school, using digital tools and making more attractive and flexible the teaching process;
- a better knowledge of new educational methods and strategies which can be used for bullying preventing and early-intervention;
- improving knowledge about learning platforms and digital tools for educational practice;
- improving teacher abilities to create and share Open Educational resources;
- understanding the importance of emotional learning for improving the relationship between teacher and student, the role of a safe and confident learning environment in the classroom and school;
- improving interpersonal, intercultural and foreign language skills;
- increasing motivation for learning through non-formal learning methods;
- improving creativity and the courage to change the teaching style, in sense of inclusion and imperfect peace of diversity;
- learning about different European countries, cultures and habits.

At this mobility the participants decided all together that next mobility will be in Spain in the period 18<sup>th</sup> – 22<sup>nd</sup> November 2019.

The list of participants is part of this minute of learning activity in Italy; by signing it, all the participants are confirming their participation at learning program in Italy host school, for 5 working days, from 23<sup>rd</sup> to 27<sup>th</sup> September 2019.

These minutes have been done today, 27<sup>th</sup> September 2019.

